

SUPERIOR TEAM PERFORMANCE COACHING

**BUILD HIGH
PERFORMING
TEAMS**

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WHO WE ARE

Executive Central is a team of senior executive coaches who partner with organisations to help them build exceptional, successful businesses where people are inspired to thrive and are empowered to succeed.

We help you to create a road map for success and future-proof your business or organisation by enabling your most valuable assets - your people - to become their best selves.

As executives for executives, we understand what it takes to successfully lead in future-orientated organisations - we've done it ourselves. Our unique development and consulting programs deliver early business returns, individual success, and long-term value.

WHY TEAM COACHING

Leading teams and working in teams is integral to achieving success in contemporary organisations. Most of us lead or participate in a range of teams at once, often with shifting, cross-functional or matrixed configurations. Agility and the ability to quickly form into a performing team are key to responding to rapidly changing internal and external landscapes.

Excellent team performance is vital. In our experience most emphasis is put on the 'what' of teams - the task at hand. Yet it's the 'how' that will quickly get the team to the point of high level performance: this is about how people work together, and what mutual understandings and process skills are needed to ensure that the team does not get bogged down in process.

HOW WE WORK

All of our group coaching is based on sound situation and needs analysis. We structure time effective programs that are tailored around your specific needs, ensuring that your team gets the input it needs without too much time out of action. Our group workshops follow best practice adult learning principles and are highly interactive. We integrate workshop learning with action assignments, ensuring that ideas are quickly translated into action. Finally, we follow up the program with a 12-month commitment to phone follow up.



LEADERSHIP

TEAM LEARNING CAPABILITIES



DIVERSITY OF OPERATING STYLES

Strengths, learning styles, operating styles, emotional intelligence. This is all about what the individual brings to the team table.



CONDUCTIVE GROUP DYNAMICS

Team behaviour, decision processes, positive and negative dynamics. This is about how we behave constructively when together as a group.



QUALITY TEAM RELATIONSHIPS

Trust-based interrelationships, influencing, networking, team dysfunctions. This is about building trust in each other as teammates.



EFFECTIVE TEAM PROCESSES

Team roles and responsibilities, effective team meetings, team planning and prioritisation. Working efficiently and effectively as a group.



TEAM CHARTER

The team project of articulating shared vision and values, rules of engagement and accountability. This is about committing to excellence together.

BENEFITS FOR THE INDIVIDUAL

- Development as a highly competent team member and leader
- Increased self-awareness on learning styles, operating styles and strengths
- Greater sense of satisfaction and decreased stress associated with team membership.

BENEFITS FOR THE TEAM

- Team learning that is put into practice immediately
- A shared language and understandings to underpin further development
- High performance teamwork leading to sustained success.

BENEFITS FOR THE ORGANISATION

- Development of healthy and productive culture, structure and team process areas
- High performing teams leading to bottom line improvement
- Higher levels of job satisfaction and engagement amongst team members.



Are you ready to empower your people to lead?

Contact us at info@executivecentral.com.au or call 1300 737 495

You can find details of all our programs at www.executivecentral.com.au

OUR PERFORMANCE GUARANTEE

"We think that any organisation in the business of performance improvement should absolutely guarantee its own performance. We believe so strongly in the success of our work and stand so firmly by our results that we offer a full or partial service refund if clients don't see expected returns." **Rob Balmer, Managing Director, Executive Central**